



# INFORMATION PACK

Sunday 29th May 2016

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*Newry City showcasing  
Sporting Excellence*

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**Event Organiser**

Newry City Centre Management  
McGrath Centre  
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Newry  
BT34 1DF

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**[www.newrycitymarathon.com](http://www.newrycitymarathon.com)**

 /Newry City Marathon 2016

# GENERAL EVENT INFORMATION

## THE NEWRY CITY MARATHON 2016 EVENT WILL CONSIST OF

|   |                        |                             |
|---|------------------------|-----------------------------|
| <b>10 MILE WALK</b>   | Start Time:<br>8:00am  | Start Location: Hill Street |
| <b>WHEELCHAIR MARATHON</b><br><i>26.2 Mile - Athletics NI calibrated marathon course using undulating road and flat Towpath</i>                 | Start Time:<br>8:00am  | Start Location: Hill Street |
| <b>FULL MARATHON - 1<sup>ST</sup> WAVE</b><br><i>26.2 Mile - Athletics NI calibrated marathon course using undulating road and flat Towpath</i> | Start Time:<br>8:15am  | Start Location: Hill Street |
| <b>FULL MARATHON - 2<sup>ND</sup> WAVE</b><br><i>26.2 Mile - Athletics NI calibrated marathon course using undulating road and flat Towpath</i> | Start Time:<br>9:00am  | Start Location: Hill Street |
| <b>HALF MARATHON</b><br><i>13.1 Mile - Half Marathon using undulating road and flat Towpath</i>   | Start Time:<br>9:45am  | Start Location: Hill Street |
| <b>10K RUN</b><br>City Centre based including Towpath   | Start Time:<br>9:50am  | Start Location: Hill Street |
| <b>FUN RUN</b><br><i>1 Mile - City Centre based Fun Run</i>   | Start Time:<br>10:00am | Start Location: Hill Street |

### THE START

- Participants must start at the allocated time for their event.
- Time recording will start at 8:00am and continue until 4:00pm on the day of the event.
- Traffic restrictions will be in place to allow safe passage of participants during the event.
- These restrictions will commence at 7.30am and cease at 2:00pm.
- Anyone not reaching this stage within the time permitted will be asked to retire from the event.
- All participants must obey the rules of the Highway Code during the event.
- Participating walkers are asked to keep LEFT during the course of the event, no more than two abreast to allow runners to pass.
- Your cooperation with the marshals during the event will be greatly appreciated by the event organisers.



## **PARTICIPANTS**

Participants for the half and full marathon must be aged 18 and over on the day of the race. If any participant is unwell prior to the event he/she is advised not to take part. Please arrive at least 45 minutes before the start of your event, this will enable you to familiarise yourself with toilets, refreshments and the start and finish areas. Please note the organisers cannot accept responsibility for any loss or damage of your property. Entry fees are not refundable.

## **MARATHON COURSE**

The full marathon will start in two waves on Hill Street. First wave at 8:15am sharp and the second wave will start at 9:00am sharp. The marathon will take the following route:

Hill Street, Kildare Street, Sugar Island, Canal Quay joining the Towpath at WIN Business Park, leaving the Towpath at Shepherds Way and join the Poyntzpass Road following through Jerrettspass and into Poyntzpass. Leave the main road at Terryhoogan Road reaching the halfway mark and re-joining the Towpath. Stay on the Towpath and return to Newry at WIN Business Park along Canal Quay, Merchants Quay finishing at Newry Credit Union on Hill Street, Newry.

## **HALF MARATHON COURSE**

The half marathon will start on Hill Street at 9:45am. The marathon will take the following route: Trevor Hill, Sugar Island, Merchants Quay, Dublin Bridge, William Street, Hill Street, Kildare Street, Sugar Island, Canal Quay joining the Towpath at WIN Business Park, leaving the Towpath at Shepherds Way, joining the Poyntzpass Road at Jerrettspass turn right onto Carrickovaddy Road, left onto Glenn Road, right again and then re-joining the Towpath. Staying on the Towpath and return to Newry City Centre at WIN Business Park, along Canal Quay, Merchants Quay and finishing at Newry Credit Union on Hill Street, Newry.

## **10 MILE WALK**

The 10 mile walk will start on Hill Street at 8:00am. The walk will take the following route: Kildare Street, Sugar Island, Canal Quay continuing to WIN Business Park, onto the Towpath. At Shepherds way take a left to the Tandragree Road at Jerrettspass then right onto the Towpath returning back to WIN Business Park, along Canal Quay, Merchants Quay turning at Bellini's across Needham Bridge to Kildare Street finishing at the Newry Credit Union on Hill Street, Newry.

## **10K RUN**

The 10K run will start on Hill Street at 9:50am. The Run will take the following route: Hill Street, Sugar Island, Merchants Quay across Dublin Bridge, into William Street, Hill Street, Kildare Street, Sugar Island, Canal Quay, joining the Towpath at WIN Business Park, leaving the Towpath at Shepherds Way. Towpath returning back to WIN Business Park, along Canal Quay, Merchants Quay turning at Bellini's across Needham Bridge to Kildare Street finishing at the Newry Credit Union on Hill Street, Newry. (It is important that all runners keep to the left hand side of the Towpath when running).

## **FUN RUN – 1 MILE**

The fun run will start on Hill Street at 10:00am. The fun run will take the following route: Kildare Street, Sugar Island, Merchants Quay turning left at Ballybot Bridge into Mill Street turning left onto the Mall and turning right at Courtney's Café into Market Street finishing at the Newry Credit Union on Hill Street, Newry.

### CHANGING FACILITIES

Changing facilities will be available in the Events Space on Hill Street in close proximity of the registration office.

### REGISTRATION

All participants must register during the allocated times in order to collect their race number, microchip, and goodie bag. **PLEASE BE ADVISED THAT THESE ITEMS CANNOT BE POSTED OUT.**



### RUNNING NUMBERS

- All participants will receive individual running numbers.
- The running number is specifically allocated and cannot be exchanged without authorisation from the Race Director.
- Please note the medical staff are provided with a competitor list and will not be aware of any changes unless notified in advance.
- Numbers must be attached to the front of running tops, mutilation or non-display of numbers will lead to disqualification.

### CHAMPIONCHIP IRELAND

Race chips will be allocated at registration. Chips cannot be exchanged with another participant as this will affect recorded times. ***The chip is the property of ChampionChip Ireland and all chips will be collected at the finish line.*** Lost chips are charged to Newry City Centre Management at a cost of £5.00 per chip.

### MILE MARKERS

Both the half and full marathon will be individually mile marked.

### REFRESHMENT STATIONS

The first water station will be situated at Shepherd's Way. The remaining water stations will be approximately every 3 miles on the marathon and half marathon routes. There will be sports drink stations at approximately 8 mile marker and 18 mile marker. The latter station



will service both the half and full marathon participants. There will also be an energy gel station. **PLEASE DISPOSE OF LITTER RESPONSIBLY IN BINS PROVIDED – THANK YOU.**

#### **RACE RETIREMENT**

Should any participant retire at any time during the race, they must inform the nearest marshal. There will be a sweep vehicle following the race, which can take you back to the start.

#### **SPECTATORS**

The marathon committee would encourage all participants to bring along family and friends to show support at the finish line. There will be a range of **FREE** family fun entertainment provided. Please advise attending spectators **NOT** to venture onto the course.

#### **MARSHALS**

Trained event marshals will be in place throughout the course. They will be clearly identified and have radio communication.

#### **TIMING AND RESULTS**

There will be a ChampionChip timing mat at the finish line. All participants must cross this to enable results to be recorded. Results will be displayed at the finish and will be available on the website: **[www.newrycitymarathon.com](http://www.newrycitymarathon.com)**

#### **NEWRY CITY MARATHON EVENTS TEAM**

|                          |  |
|--------------------------|--|
| <b>RACE DIRECTOR:</b>    | Mr Paddy Duffy   |
| <b>EVENT ORGANISERS:</b> | Mr Eddy Curtis<br>Mrs Donna McConnell  |
| <b>TIME KEEPER:</b>      | Glenn Grant Champion Chip Timing   |
| <b>RESULTS:</b>          | Mr Derek Cowan / Mr Glenn Grant  |
| <b>RACE STARTER:</b>     | Sean Hogan – Newry Credit Union<br>Jack Murphy – Newry City Centre Management<br>Michael Ruane – Newry, Mourne & Down District Council |
| <b>REFEREE:</b>          | Mr Willie McCracken<br><b>*THE REFEREES DECISION WILL BE FINAL*</b>  |

**\*THERE WILL BE NO ENTRIES ACCEPTED ON THE DAY\***

## POST RUN

- There will be limited facilities for sports massage at the finish area.
- Presentation of prizes will take place at the earliest opportunity.
- By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during their participation in the marathon to be used to publicise the marathon event.
- Participants acknowledge and agree that personal information (including medical information entered on my race number or collected by event medical staff during or after the Event) can be stored, used and disclosed by Newry City Centre Management in connection with the organisation, promotion and administration of the Event and for the compilation of statistical information.
- If a participant becomes ill during or after the event and / or receives medical attention or treatment either from event medical staff, St. John's Ambulance or any Doctor or Hospital he / she authorises such persons to provide their details (**including details of medical treatment**) to the Medical Director of the Newry City Marathon or others authorised by him.
- Marathon officials reserve the right, in their sole discretion, to modify, supplement or waive all of the official rules. Participants shall be bound by any modification or supplement of the official rules published prior to the marathon.
- Failure to follow these official rules, as may be amended, will result in immediate disqualification, loss of prize money and expulsion from the event.

## TRAVEL INFORMATION:

### DIRECTIONS FROM BELFAST

At the Mourne Country Hotel roundabout go straight. Continue down the Belfast Road / Downshire Road for 2 miles. At the next roundabout **(at Newry Courthouse)** go straight. Continue in the Right lane towards the traffic lights. At the traffic lights the only option is to go straight. Take the next left at the second set of traffic lights **(Town Hall is on your right)** and continue to Hill Street.

### DIRECTIONS FROM DUBLIN

Continue on the main A1 road towards Belfast and take the slip road for the Camlough Road Junction. At the bottom of the slip road take the third exit heading for the Fiveways roundabout. At the Fiveways roundabout take the fourth exit for Newry. Go to the bottom of the road. At the traffic lights the only option is to turn left. Follow the road and at the roundabout take the second exit. At the mini roundabout go straight. Continue in the Right lane towards the traffic lights. At the traffic lights the only option is to go straight. Take the next left at the second set of traffic lights (Town Hall is on your right) and continue to Hill Street.

### DIRECTIONS FROM ARMAGH

At the Fiveways roundabout go straight (taking the 3rd exit for Newry). Go to the bottom of the road. At the traffic lights the only option is to turn left. Follow the road and at the roundabout take the second exit. At the mini roundabout go straight. Continue in the Right lane towards the traffic lights. At the traffic lights the only option is to go straight. Take the next left at the second set of traffic lights (Town Hall is on your right) and continue to Hill Street.

### CAR PARKING

|                                 |             |  |
|---------------------------------|-------------|--|
| <b>North Street Car Park</b>    | <b>150+</b> | <b>Located at North Street / High Street</b>                             |
| <b>Cathedral and Twin Story</b> | <b>308</b>  | <b>Located at Abbey Way behind Newry Cathedral</b>                       |
| <b>Basin Walk</b>               | <b>66</b>   | <b>Located in Sugar Island behind Newry Court House</b>                  |
| <b>Canal Bank 2</b>             | <b>119</b>  | <b>Located at Newry Bus Station</b>                                      |
| <b>Monaghan Street</b>          | <b>117</b>  | <b>Located in the front entrance of Dunnes Stores on Monaghan Street</b> |
| <b>New Street</b>               | <b>44</b>   | <b>Located opposite Sands Mill</b>                                       |

**Check out website:** [www.newrycitymarathon.com](http://www.newrycitymarathon.com) / **Facebook:** Newry City Marathon 2016